Cleveland City Schools 2015 — 2016 Fall MENU

Meal 1

LUNCH MENU WEEK 1

Choice of Milk with all Lunches

Monday

Chicken Patty Sandwich Sandwich Trimmings Seasoned Green Reans Oven Baked Crinkle Fries Leafy Greens & Veggie Bar Fruit Buffet

Tuesday

Chili w/Cornbread Cheesy Cauliflower Meadow Blend Vegetables Leafy Greens & Veggie Bar Fruit Ruffet 100% Fruit Juice

Wednesday

Ruffaln Chicken Flatbread Whole Kernel Corn Black Beans & Latin Spices Leafy Greens & Veggie Bar Fruit Buffet

Thursday

Spaghetti w/Meat Sauce & Garlic Breadstick California Blend Vegetables Popeve's Favorite Spinach Leafy Greens & Veggie Bar Fruit Ruffet 100% Fruit Juice

Friday

Toasted Cheese Sandwich w/Vegetable Beef Soup Sugar Snap Peas Leafy Greens & Veggie Bar Fruit Buffet



Additional Lunch Meals:

Meal 2 = Lunch Around the World (Cycles weekly)

Monday = All American Burgers

Tuesday = Italian Pizza Slice

Wednesday = South of the Border Loaded Nachos

Thursday = Asian Chicken Dippers & Rice

Friday = English Fish & Chips

4. Breakfast Meals

CHS Only — (9-12)

Pizza Bar

Meal 2 = Hot sandwich &

Meal 3 = Cold Sandwich &

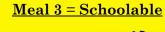
Breakfast = Separate Menu

Salad Bar...Juice offered

daily at lunch-all meals

■ Meal 1 = Wake Up to School Breakfast — 3 Week Rotating Cycle

Meal 2 = Saturday Morning Breakfast only served in cafeteria. Cereal & Grahams Crackers _



Meat & Cheese (Mon)

Tuna Salad

(Wed)

Yogurt & String Cheese (Friday)

All Schoolables are served with crackers

Meal 1

Monday

Twisted Chicken Alfredo w/ Breadstick Seasoned Green Reans Leafy Greens & Veggie Bar Fruit Ruffet



Tuesday

BBQ Pulled Pork Sandwich Raked Reans Creamy Cole Slaw Tater Tots Leafy Greens & Veggie Bar Fruit Buffet

100% Fruit Juice

LUNCH MENU WEEK 2 Wednesday

Corn Doa Steamed Broccoli Sweet Potato Wedges Leafy Greens & Veggie Bar Fruit Ruffet Gelatin Dessert w/Topping

Thursday

Soft Taco w/ RF Doritos Refried Beans Leafy Greens & Veggie Bar Fruit Buffet 100% Fruit Juice

Friday

Orange Glazed Chicken w/Steamed Rice & Roll Oriental Blend Vegetables Leafy Greens & Veggie Bar Fruit Buffet

Meal 1

Monday

Mac N Cheese w/Cornbread Turnip Greens Pinto Beans Leafy Greens & Veggie Bar Fruit Ruffet

Choice of Milk with all Lunches

Wednesday

Chicken Sliders Broccoli Alfredo **Baked Sweet Potatoes** Leafy Greens & Veggie Bar

Thursday

Reef Quesadilla Steamed Carrots Whole Kernel Corn Leafy Greens & Veggie Bar Fruit Buffet 100% Fruit Juice

Roasted Hot Dog on a Bun Oven Raked Crinkle Fries Raked Reans Creamy Cole Slaw Leafy Greens & Veggie Bar

LUNCH MENU WEEK 3

Choice of Milk with all Lunches

Friday

Fruit Buffet

Tuesday

Salisbury Steak & Gravy w/Rnll Savory Green Peas Creamed Potatoes Leafy Greens & Veggie Bar Fruit Buffet 100% Fruit Juice

Fruit Buffet

A Meal includes choice of 1 main entrée item, choice of 2 vegetables, choice of 1 fruit, & choice of 1 milk.

MENU IS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY. HOLIDAYS, AND SPECIAL SCHOOL EVENTS

USDA is an equal opportunity provider and employer.

Cleveland City Schools offers both breakfast and lunch at no charge to

A variety of snacks that meet the USDA regulations for all foods sold in

www.mvpaymentsplus.com, parents may make deposits to a student's

meal account as well as see an account history of purchases. This valua-

Please contact the Child Nutrition Program Office at 472-9574 with ques-

schools are offered daily. By taking advantage of a free account at

Students who do not choose a fruit or vegetable and at least two other full

students through the USDA Community Eligibility Provision.

ble resource will help guide students purchasing decisions.



Communication Corner

components will be charged a la carte prices.









